

The Livermore Valley Joint Unified School District follows California Interscholastic Federation (CIF) regulation and California state law (AB 25, now Education Code 49475) in order to ensure student-athlete safety during athletic participation. The following regulations are in effect to prevent brain injury because of a concussion:

1. The law requires a student athlete who may have a concussion during a practice or game to be removed from the activity for the remainder of the day.
2. Any athlete removed for this reason must receive a written note from a medical doctor trained in the management of concussion before returning to practice. (This means that the athlete cannot be seen by a nurse practitioner or physician's assistant.) If the athlete did sustain